

# TANZANIA 2021

<b>17th March 2021</b> Wednesday	Arrival at Kilimanjaro International Airport Transfer to the Karama Lodge, Arusha (50 km)
23.00	Briefing of the medical program (Dr. Schaefer) Meeting point: Reception of the Karama Lodge
<b>18th March 2021</b> Thursday	Drive to St. Elizabeth Hospital, Arusha, (10 km)
08.00-09.00	<b>Lecture:</b> DD of diarrhoea in the tropics (Dr. Schaefer)
09.15-10.15	<b>Lecture:</b> Update on HIV/AIDS in Africa (Dr. Mushi & Dr. Schaefer)
10.15-12.15	<b>Rounds</b> in St. Elizabeth hospital: Focus on diarrhoea and on HIV/AIDS (Dr. Kweka & Dr. Masawe)
13.00-15.00	<b>Laboratory manuals:</b> Diagnosis of diarrhoeal infections (Dr. Kisanga)
16.00-17.00	<b>Field excursion:</b> Occupational Health in the Burka Coffee Estate, Arusha (Edwin Moses)
	Drive to the Karama Lodge, Arusha (10 km)
<b>19th March 2021</b> Friday	Drive to the Old Seliani hospital, Arusha (15 km)
09.00-10.00	<b>Lecture:</b> DD of fever in the tropics (Dr. Schaefer)
10.15-11.15	<b>Lecture:</b> Update on malaria (Dr. Schaefer & Dr. Amon)
11.15-14.15	<b>Rounds</b> on the paediatric ward in the Old Selian hospital focusing on patients with fever (Prof. Steve Swanson)

15.00-18.00      **Field excursion** to the Flying Medical Service:  
Medical care in rural areas of Tanzania (Dr. Pat Patten)

Drive to the Karama Lodge, Arusha (15 km)

## **20th March 2021**

Saturday

07.00-08.00      **Lecture:** Clinical manifestations, diagnosis and  
treatment of African trypanosomiasis (Dr. Schaefer)

Drive to Magugu (150 km)

11.00-13.00      **Rounds** in Magugu hospital focusing on patients  
with African trypanosomiasis (Dr. Abasi & Dr. Costa)

13.30-14.30      **Laboratory manuals:** Diagnosis of African  
trypanosomiasis (Dr. Abasi)

Drive to Tarangire National Park (40 km)

15.30-17.30      **Field excursion** in Tarangire National Park: Habitat  
of the Tsetse fly (vector) and antelopes (reservoir of  
Trypanosomiasis rhodesiense). Prevention and control of  
sleeping sickness (Dr. Mofulu)

Drive to Octagon Lodge, Karatu (80 km)

**21st March 2021**      Drive to Endulen hospital in Ngorongoro  
Sunday      Conservation area (80 km)

09.45-10.45      **Lecture:** WHO-vaccination guidelines (Dr. Schaefer)

11.00-12.00      **Lecture:** Epidemiology, clinical manifestations,  
diagnosis and treatment of brucellosis (Dr. Schaefer)

12.30-14.30      **Rounds** in Endulen hospital focusing on Maasai  
patients with brucellosis, malaria and TB  
(Dr. Nector & Dr. John)

- 14.30-15.30                   **Laboratory manuals:** Diagnosis of brucellosis  
(Dr. Mameso)
- Drive to Octagon Lodge, Karatu (80 km)
- 22nd March 2021**  
Monday
- 08.00-10.00                   **Rounds** in the Fame hospital: Focus on patients with sepsis  
(Dr. Artress)
- 10.15-14.15                   **Laboratory manuals:** Thin and thick blood film for the  
diagnosis of malaria, African trypanosomiasis and  
lymphatic filariasis, Fame hospital (Dr. Anthony)
- Drive to Lake Eyasi (50 km)
- 15.30-17.30                   **Field excursion** to the Hadza tribe. Traditional  
medicine among the bushmen tribe around Lake Eyasi  
(Ruth Health & David Barjeda)
- Drive to Octagon Lodge, Karatu (50 km)
- 20.00-21.00                   **Lecture:** Clinical manifestations and treatment of  
poisonous African snake bites (Dr. Schaefer)
- 23rd March 2021**  
Tuesday
- 10.00-11.00                   **Field excursion** in Meserani Snake Park (Rashid)
- 11.00-13.00                   **Rounds** in the Meserani Snake Park Clinic focusing  
on patients with snake bites (Jenny)
- Drive to Arusha airport (20 km)
- Economy flight from Arusha to Zanzibar (500 km)

Drive to Protea Hotel Zanzibar Mbweni Ruins, Stone Town (5 km)

18.00-20.00

**Lectures:** Update on Ebola, Dengue Fever, Chikungunya and West Nile Virus in Africa (Dr. Schaefer)

## **24th March 2021**

Wednesday

08.00-09.00

**Lecture:** Update on leprosy (Dr. Schaefer)

09.15-10.15

**Lecture:** Update on lymphatic filariasis (Dr. Schaefer)

Drive to Kizimkazi/Dimbani (20 km)

12.00-14.00

**Rounds** in Kizimkazi Health Center: Patients with lymphatic filariasis and leprosy (Dr. Fatma & Dr. Saada)

Drive to Jambiani (20 km)

15.00-17.00

**Field excursion:** Malaria control project in Jambiani (Dr. Yako & Yussuf)

Drive to Protea Hotel Zanzibar Mbweni Ruins, Stone Town (40 km)

## **25th March 2021**

Thursday

09.00-10.00

**Lecture:** Update on schistosomiasis (Dr. Schaefer)

10.00-11.00

**Lecture:** Prevention and control of schistosomiasis in Zanzibar (Dr. Muhsin)

Drive to Kinyasini (60 km)

13.00-15.00

**Field excursion:** to schistosomiasis transmission sites and a school in Kinyasini (Dr. Mushin and Dr. Ali)

Drive to Stone Town (50 km)

16.00-18.00

**Laboratory manuals:** Diagnosis of schistosomiasis in the schistosomiasis prevention and control center, Stone Town (Dr. Ali)

Drive to Protea Hotel Zanzibar Mbweni Ruins, Stone Town (10 km)

## **26th March 2021**

Friday

08.00-13.00

**Rounds** in Nnazi Moja hospital, Stonetown. Participants take the history and examine patients with tropical infectious diseases. Diagnosis and treatment is discussed with the doctor in charge (Dr. Ali Salin)

## **27th March 2021**

Saturday

08.00-09.00

**Lecture:** Update on cholera in Africa (Dr. Schaefer)

Drive to the Jozani Forest Reserve (30 km)

10.00-12.00

**Field excursion:** Guided visit to the Jozani Forest Reserve: Medical Botany (Mr. Shabaan)

Drive via Protea Hotel Zanzibar to the airport in Stone Town (30 km)

**Changes may occur without prior notice !!**