

# TANZANIA 2019

**8th Dec. 2019** Arrival at Kilimanjaro International Airport  
Sunday Transfer to the Karama Lodge, Arusha (50 km)

23.00 Briefing of the medical program (Dr. Schaefer)  
Meeting point: Reception of the Karama Lodge

**9th Dec. 2019** Drive to St. Elizabeth Hospital, Arusha, (10 km)  
Monday

08.00-10.00 **Lecture:** Epidemiology, clinical manifestations,  
diagnosis and treatment of HIV/AIDS (Dr. Mushi)

10.15-12.15 **Rounds** in St. Elizabeth hospital focusing on HIV/AIDS  
patients with opportunistic infections (Dr. Mushi)

13.00-15.00 **Laboratory manuals:** Diagnosis of HIV and  
opportunistic infections (Dr. Kisanga)

16.00-17.00 **Field excursion:** Occupational Health in the Burka  
Coffee Estate, Arusha (Dr. Edwin)

Drive to the Karama Lodge (10 km)

**10th Dec. 2019** Drive to the Old Selian hospital, Arusha (15 km)  
Tuesday

08.00-10.00 **Lecture:** Epidemiology, clinical manifestations,  
diagnosis and treatment of malaria (Dr. Schaefer)

11.15-13.15 **Rounds** in the Old Selian hospital focusing on malaria  
patients (Dr. Swanson)

15.00-18.00 **Field excursion** to the Flying Medical Service:  
Medical care in rural areas of Tanzania (Dr. Pat Patten)

Drive to the Karama Lodge (15 km)

**11th Dec. 2019**

Wednesday

08.30-10.30 **Lecture:** Ebola and Dengue fever (Dr. Schaefer)

Drive to the Meserani Snake Park, Meserani (20 km)

14.00-15.00 **Field excursion** in the Meserani Snake Park (Dr. Bale)

15.30-16.30 **Lecture:** Epidemiology, clinical manifestations and treatment of poisonous African snake bites (Dr. Bale)

16.30-17.30 **Rounds** in the Meserani Snake Park Clinic focusing on patients with snake bites (Medical officer Dr. Rarin)

Drive to the Karama Lodge (20 km)

**12th Dec. 2019**

Thursday

08.00-09.00 **Lecture:** Epidemiology, clinical manifestations, diagnosis and treatment of African trypanosomiasis (Dr. Schaefer)

Drive to Tarangire (150 km)

11.00-13.00 **Field excursion** in Tarangire National Park: Habitat of the Tsetse fly (vector) and antelopes (reservoir of Trypanosomiasis rhodesiense). Prevention and control of sleeping sickness (Dr. Mofulu)

Drive to Magugu (80 km)

14.30-16.30 **Rounds** in Magugu hospital focusing on patients with African trypanosomiasis (Dr. Abasi)

16.30-17.30 **Laboratory manuals:** Diagnosis of African trypanosomiasis (Dr. Abasi)

Drive to Karatu (130 km)

**13th Dec. 2019** Drive to Endulen hospital in Ngorongoro Conservation area (80 km)  
Friday

08.00-10.00 **Lecture:** Epidemiology, clinical manifestations, diagnosis and treatment of brucellosis (Dr. Schaefer)

10.30-13.30 **Rounds** in Endulen hospital focusing on Maasai patients with brucellosis (Dr. Mameso, Dr. Nector)

14.30-16.30 **Laboratory manuals:** Diagnosis of brucellosis (Dr. Mameso)

Drive via Ngorongoro crater to Karatu (130 km)

**14th Dec. 2019**  
Saturday

08.00-10.00 **Rounds** in the Fame hospital: Mobile clinics in remote areas (Dr. Artress)

10.15-13.15 **Laboratory manuals:** Learn the thin and thick blood film technique for the diagnosis of malaria, African trypanosomiasis and lymphatic filariasis in Fame hospital laboratory (Dr. Anthony)

Drive to Lake Eyasi (50 km)

15.30-17.30 **Field excursion** to the Hadzabe, the bushmen tribe around Lake Eyasi a Traditional medicine (Dr. Tom)

Drive to Karatu (50 km)

Participants can present for about 15 minutes their work (Lecture carried on flash)

**15th Dec. 2019** Drive to Arusha (150 km)  
Sunday

Economy flight from Arusha to Zanzibar (500 km)

Drive to Jambiani Beach (40 km)

## 16th Dec. 2019

Monday

09.30-10.30 **Lecture:** Epidemiology, clinical manifestations, diagnosis and treatment of cholera (Dr. Schaefer)

11.00-12.00 **Lecture:** DD of diarrhoea in travellers returning from the tropics (Dr. Schaefer)

Drive to Makunduchi (5 km)

14.00-17.00 **Rounds** in Makunduchi hospital focusing on patients with diarrhoea (Dr. Daud and Dr. Lizzy)

Drive to Jambiani Beach (5 km)

## 17th Dec. 2019

Tuesday

08.00-09.00 **Lecture:** Epidemiology, clinical manifestations, diagnosis, treatment and control of leprosy (Dr. Schaefer)

09.15-10.15 **Lecture:** Epidemiology, clinical manifestations, diagnosis, treatment and control of lymphatic filariasis in Zanzibar (Dr. Schaefer)

Drive to Kizimkazi/Dimbani (20 km)

12.00-14.00 **Rounds** in Kizimkazi/Dimbani Health Center: patients with lymphatic filariasis and leprosy (Dr. Fatma)

Drive to Jambiani (10 km)

15.00-17.00 **Field excursion:** Malaria control project in Jambiani on the East Coast of Zanzibar (Dr. Khatib)

## 18th Dec. 2019

Wednesday

09.00-10.00 **Lecture:** Epidemiology, clinical manifestations, diagnosis and treatment of schistosomiasis (Dr. Schaefer, Dr. Simba)

Drive to Kinyasini (60 km)

11.00-13.00 **Field excursion:** Prevention and control of schistosomiasis in a Primary school near Kinyasini (Dr. Simba)

Drive to Stone Town (30 km)

16.00-18.00 **Laboratory manuals:** Diagnosis of schistosomiasis in the bilharzia prevention & control center, Zanzibar (Mr. Hajji)

## 19th Dec. 2019 Drive to Kivunge hospital (60 km)

Thursday

11.00-14.00 **Rounds** in Kivunge hospital. Participants take the history and examine patients with tropical infectious diseases. Thereafter diagnosis and treatment is discussed with the doctors in charge (Dr. Steven, Dr. Schaefer)

Drive to Stone Town (60 km)

## 20th Dec, 2019

Friday

08.00-09.00 **Lecture:** WHO-vaccination guidelines for travellers (Dr. Schaefer)

Drive to the Jozani Forest Reserve (30 km)

10.00-12.00 **Field excursion:** Guided visit to the Jozani Forest Reserve: Medical Botany (Mr. Shabaan)

Drive to Stone Town (30 km) followed by flight (20 minutes) to Dar es Salaam International Airport

