

TANZANIA 2023

- 12th March 2023** Arrival at Kilimanjaro International Airport
Sunday Transfer to the Karama Lodge, Arusha (50 km)
- 23.00 Briefing of the medical program (Dr. Schaefer)
Meeting point: Reception of the Karama Lodge
- 13th March 2023** Drive to St. Elizabeth Hospital, Arusha, (10 km)
Monday
- 08.00-09.00 **Lecture:** DD of diarrhoea in the tropics (Dr. Schaefer)
- 09.15-10.15 **Lecture:** Update on HIV/AIDS in Africa
(Dr. Mushi & Dr. Schaefer)
- 10.15-12.15 **Rounds** in St. Elizabeth hospital: Focus on diarrhoea and
on HIV/AIDS (Dr. Kweka & Dr. Masawe)
- 13.00-15.00 **Laboratory manuals:** Diagnosis of diarrhoeal infections
(Dr. Kisanga)
- 16.00-17.00 **Field excursion:** Occupational Health in the Burka
Coffee Estate, Arusha (Edwin Moses)
- Drive to the Karama Lodge, Arusha (10 km)
- 14th March 2023** Drive to the Old Seliani hospital, Arusha (15 km)
Tuesday
- 09.00-10.00 **Lecture:** DD of fever in the tropics (Dr. Schaefer)
- 10.15-11.15 **Lecture:** Update on malaria (Dr. Schaefer & Dr. Amon)
- 11.15-14.15 **Rounds** on the paediatric ward in the Old Selian hospital
focusing on patients with fever (Prof. Steve Swanson)
- 15.00-18.00 **Field excursion** to the Flying Medical Service:
Medical care in rural areas of Tanzania (Dr. Pat Patten)
Drive to the Karama Lodge, Arusha (15 km)

15th March 2023

Wednesday

- 07.00-08.00 **Lecture:** Clinical manifestations, diagnosis and treatment of African trypanosomiasis (Dr. Schaefer)
- Drive to Magugu (150 km)
- 11.00-13.00 **Rounds** in Magugu hospital focusing on patients with African trypanosomiasis (Dr. Abasi & Dr. Costa)
- 13.30-14.30 **Laboratory manuals:** Diagnosis of African trypanosomiasis (Dr. Abasi)
- Drive to Tarangire National Park (40 km)
- 15.30-17.30 **Field excursion** in Tarangire National Park: Habitat of the Tsetse fly (vector) and antelopes (reservoir of Trypanosomiasis rhodesiense). Prevention and control of sleeping sickness (Dr. Mofulu)
- Drive to Octagon Lodge, Karatu (80 km)

16th March 2023

Thursday

- Drive to Endulen hospital in Ngorongoro Conservation area (80 km)
- 09.45-10.45 **Lecture:** WHO-vaccination guidelines (Dr. Schaefer)
- 11.00-12.00 **Lecture:** Epidemiology, clinical manifestations, diagnosis and treatment of brucellosis (Dr. Schaefer)
- 12.30-14.30 **Rounds** in Endulen hospital focusing on Maasai patients with brucellosis, malaria and TB (Dr. Nector & Dr. John)
- 14.30-15.30 **Laboratory manuals:** Diagnosis of brucellosis (Dr. Mameso)
- Drive to Octagon Lodge, Karatu (80 km)

17th March 2023

Friday

08.00-10.00 **Rounds** in the Fame hospital: Focus on patients with sepsis (Dr. Artress)

10.15-14.15 **Laboratory manuals:** Thin and thick blood film for the diagnosis of malaria, African trypanosomiasis and lymphatic filariasis, Fame hospital (Dr. Anthony)

Drive to Lake Eyasi (50 km)

15.30-17.30 **Field excursion** to the Hadza tribe. Traditional medicine among the bushmen tribe around Lake Eyasi (Ruth Health & David Barjeda)

Drive to Octagon Lodge, Karatu (50 km)

20.00-21.00 **Lecture:** Clinical manifestations and treatment of poisonous African snake bites (Dr. Schaefer)

18th March 2023

Saturday

Drive to the Meserani Snake Park, Meserani (130 km)

10.00-11.00 **Field excursion** in Meserani Snake Park (Rashid)

11.00-13.00 **Rounds** in the Meserani Snake Park Clinic focusing on patients with snake bites (Jenny)

Drive to Arusha airport (20 km)

Economy flight from Arusha to Zanzibar (500 km)

Drive to Blue Oyster Hotel, Jambiani Beach (50 km)

18.00-20.00 **Lectures:** Update on Ebola, Dengue Fever, Chikungunya and West Nile Virus in Africa (Dr. Schaefer)

19th March 2023

Sunday

- 08.00-09.00 **Lecture:** Update on leprosy (Dr. Schaefer)
- 09.15-10.15 **Lecture:** Update on lymphatic filariasis (Dr. Schaefer)
- Drive to Kizimkazi/Dimbani (15 km)
- 12.00-14.00 **Rounds** in Kizimkazi Health Center: Patients with lymphatic filariasis and leprosy (Dr. Fatma & Dr. Saada)
- Drive to Jambiani (15 km)
- 15.00-17.00 **Field excursion:** Malaria control project in Jambiani (Dr. Yako & Yussuf)
- Overnight in Blue Oyster Hotel, Jambiani Beach

20th March 2023

Monday

- 09.00-10.00 **Lecture:** Update on schistosomiasis (Dr. Schaefer)
- 10.00-11.00 **Lecture:** Prevention and control of schistosomiasis in Zanzibar (Dr. Muhsin)
- Drive to Kinyasini (60 km)
- 13.00-15.00 **Field excursion:** to schistosomiasis transmission sites and a school in Kinyasini (Dr. Mushin and Dr. Ali)
- Drive to Stone Town (50 km)
- 16.00-18.00 **Laboratory manuals:** Diagnosis of schistosomiasis in the schistosomiasis prevention and control center, Stone Town (Dr. Ali)
- Drive to Protea Hotel, Stone Town (10 km)

21st March 2023

Tuesday

Drive to Nnazi Moja Hospital (5 km)

08.00-13.00

Rounds in Nnazi Moja hospital, Stone Town. Participants take the history and examine patients with tropical infectious diseases. Diagnosis and treatment is discussed with the doctor in charge (Dr. Ali Salin)

Drive to Protea Hotel, Stone Town (5 km)

22nd March 2023

Wednesday

08.00-09.00

Lecture: Update on cholera in Africa (Dr. Schaefer)

Drive to the Jozani Forest Reserve (30 km)

10.00-12.00

Field excursion: Guided visit to the Jozani Forest Reserve: Medical Botany (Mr. Shabaan)

Drive to the airport in Stone Town (30 km)

Changes may occur without prior notice !